

# Universal Webinar Dates - Spring/Summer 2023

## Primary Parent Anxiety

Sat 22nd Apr @ 10am  
Thurs 18th May @ 1:30pm  
Thurs 15th June @ 10am  
Thurs 13th July @ 10am

## Secondary Parent Anxiety

Thurs 1st June @ 1:30pm  
Mon 3rd July @ 1:30pm

## School Avoidance - Parents

Tues 18th Apr @ 10:00am  
Sat 20th May @ 10am  
Wed 28th June @ 1pm

## YP Anxiety

Tues 25th Apr @ 4:30pm  
Mon 22nd May @ 4:30pm  
Thurs 22nd June @ 4:30pm  
Wed 12th July @ 4:30pm

## YP Low Mood

Thurs 27th Apr @ 4:30pm  
Wed 7th June @ 4:30pm  
Tues 25th July @ 4:30pm

## YP Anxious Thoughts

Thurs 11th May @ 4:30pm  
Mon 12th June @ 4:30pm

## YP Exam Stress (Panic)

Wed 19th Apr @ 4:30pm  
Tues 9th May @ 4:30pm

Scan QR to Book



## Transition - Year 6 Parents

Wed 24th May @ 10am  
Sat 24th June @ 10am