

PSHE Curriculum Map (2023-2024)



	7	8	9	10	11
<p>Half Term 1</p> <p>October</p> <ul style="list-style-type: none"> • Black History Month • Mental Health Awareness Week • Dyslexia Awareness Week 	<p>Community</p> <ul style="list-style-type: none"> • What makes a community? • How are you a part of the BW community? • The house system • How can we make our community fair? • Leaders in the community and what makes a good leader. 	<p>Celebrate</p> <ul style="list-style-type: none"> • BOPO accept and celebrate your body – include tattoos and piercings • Rites of passage in different cultures. • Coming of age.; • Marriage (include same sex and different cultures e.g. arranged marriages). • Celebrate the ever changing you – puberty • Periods 	<p>Citizenship</p> <ul style="list-style-type: none"> • What does it mean to be a good citizen? Consideration of: <ul style="list-style-type: none"> ○ Working ○ Paying tax ○ Managing finances ○ Accepting others ○ Supporting others ○ Charity ○ Caring for the environment • Being a leader in the community. • Consequences of breaking the law • Gangs • Political parties and voting 	<p>Care</p> <ul style="list-style-type: none"> • Care for your mind <ul style="list-style-type: none"> ○ Dealing with stress ○ Thoughtfulness ○ How food influences your mood ○ Managing your time ○ Asking for help • Care for your body <ul style="list-style-type: none"> ○ Importance of sunshine and fresh air ○ Contraception ○ Abortion • BOPO – realistic expectations of our bodies – include tattoos and piercings • Expectations of partners and consent • Pornography 	<p>Careers</p> <p>1 lesson per week</p> <ul style="list-style-type: none"> • Preparing for life after GCSEs • A Level options • College • Apprenticeships • University <hr/> <p>Care</p> <p>1 lesson per week</p> <ul style="list-style-type: none"> • Care for your mind <ul style="list-style-type: none"> ○ Dealing with exam stress ○ Coping with expectations form ourselves and others ○ Taking time out • Care for your body <ul style="list-style-type: none"> ○ Drugs, alcohol and tobacco ○ Caffeine and energy drinks – link to the importance of sleep for an active mind and improved study ○ Breathing and calmness • Care for your reputation – consent, contraception, abortion

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Half Term 2 November <ul style="list-style-type: none"> Parliament Week Anti-Bullying Week Remembrance December <ul style="list-style-type: none"> Day of Disabled Persons International Human Rights Day 	Communication <ul style="list-style-type: none"> Kind language How to be nice to others Inclusive language Understanding why some language is offensive Impact of kind language on others Importance of free speech Is it different online? What is communicated through images online? (pornography) 	Community <ul style="list-style-type: none"> What is the makeup of the wider community? Microcosms in our society – BAME, LGBT, religious communities, How can community leaders help bring society together? Family units Why is it good to have such a diverse community? How does the news influence our community? 	Celebrate <ul style="list-style-type: none"> Celebration of individual choice – different ways of living Celebrate LGBT Celebrate different family units Celebrate positive change in society - BLM What can I learn from the news? How can I use my voice and freedom of speech to be a leader? 	Careers 1 lesson per week <ul style="list-style-type: none"> Unifrog registration 	Careers 1 lesson per week <ul style="list-style-type: none"> Preparing for life after GCSEs A Level options College Apprenticeships University
				Citizenship 1 lesson per week <ul style="list-style-type: none"> Why is the financial system such an important part of my life? How does taxation work? What is my NI contribution? Financial planning for my future. Am I a politically aware citizen? My leadership opportunities 	Care 1 lesson per week <ul style="list-style-type: none"> Care for your mind <ul style="list-style-type: none"> Dealing with exam stress Coping with expectations from ourselves and others Taking time out Care for your body <ul style="list-style-type: none"> Drugs, alcohol and tobacco Caffeine and energy drinks – link to the importance of sleep for an active mind and improved study Breathing and calmness Care for your reputation – consent, contraception, abortion

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Half Term 3 February • LGBT History Month	Celebrate <ul style="list-style-type: none"> • What is good about you? • Understanding your own strengths and weaknesses • Accepting that we are all different and this is a positive thing • The strength to say 'no' – exploitation and extremism. 	Communication <ul style="list-style-type: none"> • Conflict with friends and reconciliation • Conflict with family and reconciliation • Conflict in society and language of reform and reconciliation – Include abortion • Conflict caused by social media – include gangs • Conflict in the news. 	Careers 1 lesson per week <ul style="list-style-type: none"> • Unifrog registration • Preparing for GCSEs • GCSE options 	Careers 1 lesson per week <ul style="list-style-type: none"> • Unifrog registration 	Community <ul style="list-style-type: none"> • Your place in the wider community as you consider your next steps. • Am I ready to vote? • Valuing everyone's different contributions to the community – a cleaner is as worthy and valued as a Dr • Being a proud member of the community – stand up for what you believe in and for others – BLM, LGBT, online protection, Prevent • Organ/blood donation • Terrorism and extremism.
			Charity Project 1 lesson per week Students participate in the First Give programme. <ul style="list-style-type: none"> • Communication • Team building • Local community • Charity • Social issues • Charity • Enterprise • Leadership 	Citizenship 1 lesson per week <ul style="list-style-type: none"> • Why is the financial system such an important part of my life? • How does taxation work? • What is my NI contribution? • Financial planning for my future. • Am I a politically aware citizen? • My leadership opportunities 	

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Half Term 4 February <ul style="list-style-type: none"> • Fairtrade fortnight March <ul style="list-style-type: none"> • International Women's Day • World Book Day • Careers Week April <ul style="list-style-type: none"> • Autism Awareness Week 	Care <ul style="list-style-type: none"> • Who cares for you? • Why is it important to care for yourself? – include physical and mental care – tobacco/prescribed medication • Why is it important to care for others? • Why is it important to care for the environment around us? • How do we show we care? • Importance of immunisations 	Citizenship 1 lesson per week <ul style="list-style-type: none"> • What is respect? • How do you show respect for: <ul style="list-style-type: none"> ○ Yourself? -include images ○ Friends? ○ Family? ○ Others in the wider community? ○ The environment? • Why is respect such an important part of being a good citizen? • Antisocial behaviour - extremism • Why are we all bound by the law of the land? • What is a democracy? 	Charity Project 1 lesson per week Students participate in the First Give programme. <ul style="list-style-type: none"> • Communication • Team building • Local community • Charity • Social issues • Charity • Enterprise • Leadership 	Community <ul style="list-style-type: none"> • Is society always fair? • How can we tackle injustice in our community? • Gangs & county lines • Prevent • FGM • Kindness Offensive 	Celebrate <ul style="list-style-type: none"> • What does success look like? • Is success the same for everyone? • Aspirations • What do you look forward to celebrating in the future? • Financial success • Am I aware of bias in the news? • Avoiding negative influences – online, gangs, parents, partners
		Careers 1 lesson per week <ul style="list-style-type: none"> • Unifrog registration • What is a career? • Leadership in the workplace 	Careers 1 lesson per week <ul style="list-style-type: none"> • Unifrog registration • Preparing for GCSEs • GCSE options 		

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Half Term 5	<p>Citizenship 1 lesson per week</p> <ul style="list-style-type: none"> • What is the difference between a right and a responsibility? • What are our rights? – focus on school/local level • What are our responsibilities? focus on school/local level • FGM • Responsibility online - Images/Pornography • Charity • How does the news relate to me? 	<p>Citizenship 1 lesson per week</p> <ul style="list-style-type: none"> • What is respect? • How do you show respect for: <ul style="list-style-type: none"> ○ Yourself? -include images ○ Friends? ○ Family? ○ Others in the wider community? ○ The environment? • Why is respect such an important part of being a good citizen? • Antisocial behaviour - extremism • Why are we all bound by the law of the land? • What is a democracy? 	<p>Care</p> <ul style="list-style-type: none"> • Care for your mind <ul style="list-style-type: none"> ○ Mindfulness ○ Protecting yourself form online negativity ○ Surrounding yourself with positive people and influences • Care for your body <ul style="list-style-type: none"> ○ Sleep ○ Shaving ○ Piercings ○ Drugs ○ Alcohol ○ How you view your body - BOPO ○ Age of consent • Online presence – what we put on line about ourselves - sexting • Care for each other – peer pressure including online 	<p>Communication</p> <ul style="list-style-type: none"> • Wider communication in society • Making your voices heard • Communication of the masses. • How is the news communicated local and global? • Extremism and radicalisation 	
	<p>Careers 1 lesson per week</p> <ul style="list-style-type: none"> • Unifrog registration • Different types of job 	<p>Careers 1 lesson per week</p> <ul style="list-style-type: none"> • Unifrog registration • What is a career? • Leadership in the workplace 			

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<p>Half Term 6</p> <p>June</p> <ul style="list-style-type: none"> • Windrush Day • Young Carers Week • Refugee Week 	<p>Careers</p> <p>1 lesson per week</p> <ul style="list-style-type: none"> • Unifrog registration • Different types of job 	<p>Care</p> <ul style="list-style-type: none"> • Care for your mind <ul style="list-style-type: none"> ○ What things in your life make you happy? ○ How do you make time in your life to do things that make you happy? • Care for your body <ul style="list-style-type: none"> ○ Cleaning your teeth ○ Personal hygiene – use of deodorant etc ○ Sleep ○ Healthy eating ○ Exercise • Care for each other – anti-bullying including cyber • Basic first aid • Immunisation cervical cancer • FGM 	<p>Community</p> <ul style="list-style-type: none"> • How can differences lead to conflict? • How can we help to resolve these conflicts? • Gangs • Being an accepting community - BAME, LGBT, religious communities, family units • Differences in cultural beliefs & conflict, this should include a range of issues that cause conflict in society such as: <ul style="list-style-type: none"> ○ Abortion ○ Prevent ○ FGM <p>Ensure students are aware of the law in relation to these topics</p>	<p>Celebrate</p> <ul style="list-style-type: none"> • Celebration of different cultures – focus on our multicultural school/society • LGBT • Celebrate our right to choice – abortion, identity etc • BLM – celebrate the influence of BAME on our society • Awareness of FGM and speaking out if you have concerns. This is not a celebration. 	