

**WEEK COMMENCING**  
 01/04/2024 22/04/2024 13/05/2024 03/06/2024 24/06/2024  
 15/07/2024

V – Vegetarian  
 VE - Vegan

## CLASSIC HOT & HEARTY

### CLASSIC MAIN MEALS

### VEGETARIAN MAIN MEALS

**MONDAY**

Beef & Tomato Ragout with Wholegrain Pasta & House Salad

**TUESDAY**

Butter Chicken Curry with Pilau Rice & Tomato, Red Onion & Coriander Salad

**WEDNESDAY**

Lemon & Thyme Roast Chicken, Crisp Roasties, Seasonal Veg & House Gravy

**THURSDAY**

Kung Pao Chicken, Wholegrain & White Egg Fried Rice with Carrot & Sesame Salad

**FRIDAY**

Chip Shop 'Fryday', Fish, Pizza or Fishcake with Chips, Peas & Tartare Sauce

**MONDAY**

Oven Baked Broccoli & Red Pepper Frittata & House Salad (V)

**TUESDAY**

Lentil & Cauliflower Dhal with Pilau Rice, Tomato, Red Onion and Coriander Salad (VE)

**WEDNESDAY**

Leek & Spinach Wellington (V)

**THURSDAY**

Sweet and Sour Vegetable Stir Fry Wholegrain & White Egg Fried Rice(VE)

**FRIDAY**

Crispy Onion Pakora Burger with Mango Chutney & Garden Peas (VE)

### DESSERTS

**MONDAY**

Chocolate Sponge & Chocolate Sauce

**TUESDAY**

Apple Strudel & Custard

**WEDNESDAY**

Peach Kuchen

**THURSDAY**

Pear & Cocoa Sponge

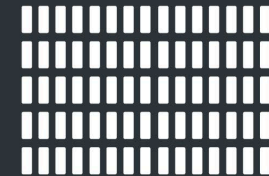
**FRIDAY**

Manager's Special

FRUIT & YOGHURT POTS AVAILABLE DAILY

**HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily**

**JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily**



**MONDAY**

Buffalo Cauliflower Wings on Salt & Pepper Wedges (V)

**TUESDAY**

Garlic & Lemon Chicken Gyros

**WEDNESDAY**

Chicken Yakitori with Rice

**THURSDAY**

Loaded Potato Skins (V)

**FRIDAY**

Manager's Special

## NATURALLY

**MONDAY**

Chilli & Lime Glazed Tofu Skewer with Tomato Rice (VE)

**TUESDAY**

Vegan Singapore Noodles (VE)

**WEDNESDAY**

Jerk Jackfruit Open Wrap (VE)

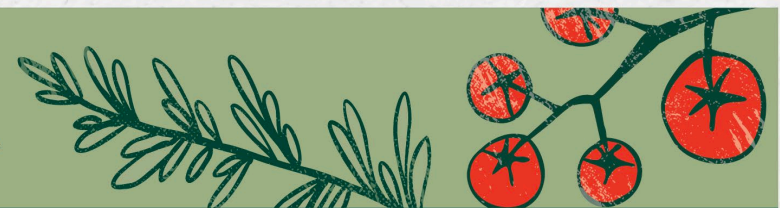
**THURSDAY**

Pakistani Tarka Dhal (VE)

**FRIDAY**

Manager's Special

## TRATTORIA



**MONDAY**

Tomato & Basil Pasta

**TUESDAY**

Creamy Pesto Pasta

**WEDNESDAY**

Mozzarella & Tomato Pizza Or Pepperoni Pizza

**THURSDAY**

Pasta in Cheese Sauce

**FRIDAY**

Mozzarella & Tomato Pizza Or BBQ Chicken Pizza

Our Vegetarian and Vegan recipes are approved by the Vegetarian Society.





**WEEK COMMENCING**  
 08/04/2024 29/04/2024 20/05/2024 10/06/2024 01/07/2024  
 22/07/2024

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 VE - Vegan

## CLASSIC HOT & HEARTY

### CLASSIC MAIN MEALS

### VEGETARIAN MAIN MEALS

**MONDAY**

Traditional Sausage & Mash, Peas, Carrots & Onion Gravy

**TUESDAY**

Loaded Mac 'n' Cheese, Selection of Toppings, House Salad & Garlic Bread

**WEDNESDAY**

Hand Carved Roast Turkey, Roasties, Seasonal Veg & House Gravy

**THURSDAY**

Baked Beef Enchilada with Mexican Rice & Salsa

**FRIDAY**

Chip Shop 'Fryday', Fish, Pizza or Fishcake with Chips, Peas & Tartare Sauce

**MONDAY**

Vegan Sausage & Mash, Peas, Carrots & Onion Gravy (VE)

**TUESDAY**

Loaded Mac 'n' Cheese, Selection of Toppings, House Salad & Garlic Bread (V)

**WEDNESDAY**

Mature Cheddar, Broccoli & Leek Quiche with Seasonal Veg or Garden Salad (V)

**THURSDAY**

Mixed Bean Enchilada with Mexican Rice & Salsa (V)

**FRIDAY**

Sweetcorn, Chilli & Coriander Fritters with Sriracha Dressing, Chips & Peas (V)

### DESSERTS

**MONDAY**

Apple Pie & Custard

**TUESDAY**

Peach & Pineapple Crumble

**WEDNESDAY**

Sticky Coconut & Jam Pudding

**THURSDAY**

Baked Churros with Chocolate Sauce

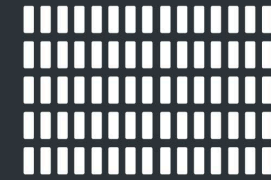
**FRIDAY**

Manager's Special

FRUIT & YOGHURT POTS AVAILABLE DAILY

**HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily**

**JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily**



**MONDAY**

Caramelised Onion & Mozzarella Poutine (V)

**TUESDAY**

Gochujang Chicken and Sesame Rice Pot

**WEDNESDAY**

Mei Goreng Indonesian Fried Noodles

**THURSDAY**

Korean Fried Crispy Chicken

**FRIDAY**

Manager's Special

## NATURALLY

**MONDAY**

Reggae Reggae Jackfruit Curry (VE)

**TUESDAY**

Spiced Paneer & Red Onion Naan (V)

**WEDNESDAY**

Vegan Ramen Bowl (VE)

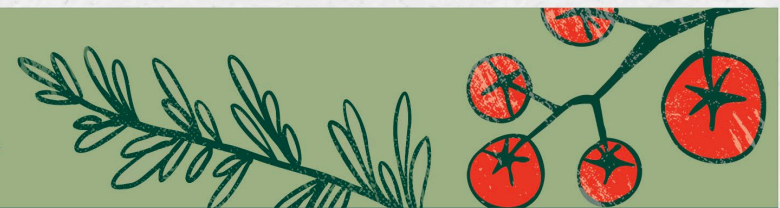
**THURSDAY**

The Big Plant Burger (VE)

**FRIDAY**

Manager's Special

## TRATTORIA



**MONDAY**

Tomato & Basil Pasta

**TUESDAY**

Creamy Pesto Pasta

**WEDNESDAY**

Mozzarella & Tomato Pizza Or Pepperoni Pizza

**THURSDAY**

Pasta in Cheese Sauce

**FRIDAY**

Mozzarella & Tomato Pizza Or BBQ Chicken Pizza

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15/04/2024 06/05/2024 27/05/2024 17/06/2024 08/07/2024

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## CLASSIC HOT & HEARTY

### CLASSIC MAIN MEALS

### VEGETARIAN MAIN MEALS

#### MONDAY

Mozambique Piri Piri Chicken, Fragrant Rice & Crunchy Slaw

#### TUESDAY

Chicken Makhani Curry with Braised Pilau Rice

#### WEDNESDAY

Roast Salt & Pepper Chicken, Crisp Roasties, Seasonal Veg & House Gravy

#### THURSDAY

Szechuan Beef Noodles with Sesame Stir Fried Greens

#### FRIDAY

Chip Shop 'Fryday', Fish, Pizza or Fishcake with Chips, Peas & Tartare Sauce

#### MONDAY

Harissa Roasted Sweet Potato & Chickpea Tagine (VE)

#### TUESDAY

Sri Lankan Split Pea & Cauliflower Curry with Pilau Rice (VE)

#### WEDNESDAY

Sweet Potato & Goats Cheese Tart with Seasonal Veg or House Salad (V)

#### THURSDAY

Asian Vegetable, Soya Bean & Noodle Stir Fry (VE)

#### FRIDAY

Vegan Falafel Kofta with Crunchy Sriracha Slaw, Chips & Peas (VE)

### DESSERTS

#### MONDAY

Pineapple Upside Down Cake

#### TUESDAY

Warm Blueberry Sponge

#### WEDNESDAY

Dropped Pancake Bar

#### THURSDAY

Apple & Mixed Berry Crumble with Vanilla Sauce

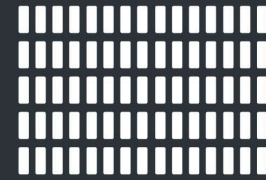
#### FRIDAY

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**HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily**

**JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily**



#### MONDAY

Chinese Style Vegan Noodles (VE)

#### TUESDAY

Chipotle Chicken Chimichanga

#### WEDNESDAY

Loaded Mediterranean Street Cart Wedges

#### THURSDAY

Thai Fried Rice

#### FRIDAY

Manager's Special

NATURALLY

#### MONDAY

Fork Friendly Falafel Kebab (V)

#### TUESDAY

Smoked Tofu & Capanata Burger (V)

#### WEDNESDAY

Seeded Vegan Sausage Roll (VE)

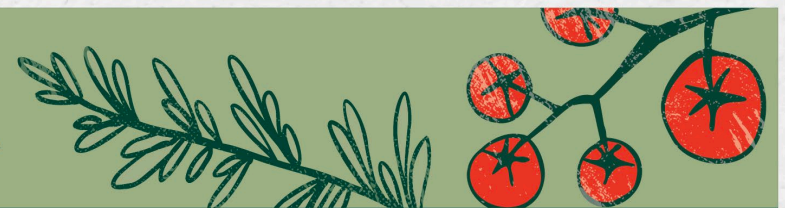
#### THURSDAY

Onion Bhaji Skewer with Bombay Potatoes (VE)

#### FRIDAY

Manager's Special

TRATTORIA



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